

GYM HOURS

MORNING: 6: 30 AM - 12: 00 PM

EVENING: 5: 00 PM - 11: 00 PM

AFTERNOON: 12: 00 PM - 5: 00 PM (LADIES ONLY)

(Closed on Sunday evenings and Monday mornings)

ADMISSION CHARGES

600/- per head (2 persons: 500/- per head: 3 persons: 400/- per head; must take admission together) (Non-refundable)

Members have to take re-admission if he/she does not visit the gym for 4 months at a stretch.

Maximum duration of workout is 1-hour 30 minutes for each member

GYM MEMBERSHIP CHARGES

(Non-refundable)

NO. OF MONTH(S)	CHARGES (Rs)
1 month	899/-
3 months	2399/-
6 months	4199/- Admission 300
12 months	7799/- NO ADMISSION CHARGES
24 months	11999/- NO ADMISSION CHARGES

PERSONAL TRAINING CHARGES

(Non-refundable)

NO. OF CLASSES	CHARGES (Rs)
1 class	250/- Head trainer 300/-
1 month (12 classes) (valid for 1 month only)	2499/- Head trainer 3000/-
3 months (36 classes) (Valid for 3 months only)	2299/- Per month
6 months (72 classes) (Valid for 6 months only)	2199/- Per month
12 months (144 classes) (Valid for 12 months only)	1999/- Per month

GROUP PERSONAL TRAINING CHARGES

(non-refundable)

(classes valid for 1 month only)

12 classes (group of 2)	4399/-
12 classes (group of 3)	5999/-

SPECIAL WEIGHT LOSS PACKAGE

(Non-refundable)

(Classes valid for 1 month only)

12 classes	2999/-
------------	--------

LOCKER: Rs. 300/- per month

MASSAGE: Rs. 600/- per session (45 minutes-1 hour)

STEAM BATH: Rs. 250/- per session (15-20 minutes)

Per Day Session: Rs. 200/-

Members taking monthly or any other packages has to pay Rs. 899/- or higher (for other packages) even if they they visit the gym for 1 day only in the entire month.

9239756202

8240783965